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Centre intégré
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User Instructions

Pinworm Test (Tape Test)

Clinical Department of Laboratory Medicine

OPTI-DE-005



Your doctor has prescribed a pinworm test, also known as a Scotch tape test.

This simple home test detects the presence of small, white parasites (worms).

This brochure explains the steps to follow.

MATERIALS REQUIRED

Tube with sticky spatula on one side



Note: Container image for illustrative purposes only.

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INSTRUCTIONS

- The best time to get a sample is early in the morning before getting up or going to the bathroom.
- The sample can also be taken a few hours after lying down, i.e., between 9 p.m. and midnight.
- 👉 The sample must be taken **in the dark** (without turning on any light in the room).

SPECIMEN IDENTIFICATION

If not already marked on the container, **clearly** write the following information on the label:

- Your last and first name
- Your personal reference number (medical file number or health insurance number)
- The date and time of sampling

STORAGE

- Store your samples in a plastic zip-lock bag.
- Keep samples at **room temperature** (do not refrigerate).

RETURN OF SAMPLES

- Return your specimen to the place you were instructed to return it, i.e., the specimen collection centre at the hospital, the local point of service (LPS) or another location.
- When returning the samples, remember to bring your hospital card or RAMQ card as well as your prescription, if necessary.

Sampling method

STEPS TO FOLLOW

1. Open the container and remove the spatula.
2. Spread your buttocks and firmly press the sticky surface all around the perianal area (around the anus). **Do not** insert the spatula into the anus.
3. Put the spatula back in the container and close the cap tightly.
4. Wash your hands thoroughly with soapy water.

IMPORTANT:

If more than one pinworm test is required, do them separately on consecutive days. Note the date and time of sampling for each specimen.

