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Centre intégré  
de santé  
et de services sociaux  
du Bas-Saint-Laurent

Québec 

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OPTI-DE-017 v2

# User Instructions

## Urinary Schistosomiasis

Clinical Department of Laboratory Medicine

OPTI-DE-017



Your doctor has prescribed a test, for which you must collect a urine sample, in order to determine the presence of eggs of the urinary parasite responsible for Schistosomiasis.

To detect the presence of eggs, your urine must be directly examined under a microscope.

This brochure explains the steps to follow.

Please contact your hospital's specimen collection centre for information on how to take the sample.

### MATERIALS REQUIRED

- Sterile container



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## INSTRUCTIONS

- For optimal results, we recommend you exercise before taking your sample.
- All urine must be collected.

**Risk of contamination through transcutaneous contact; handle with care (even when fixed).**

## SPECIMEN IDENTIFICATION

If not already marked on the container, **clearly** write the following information on the label:

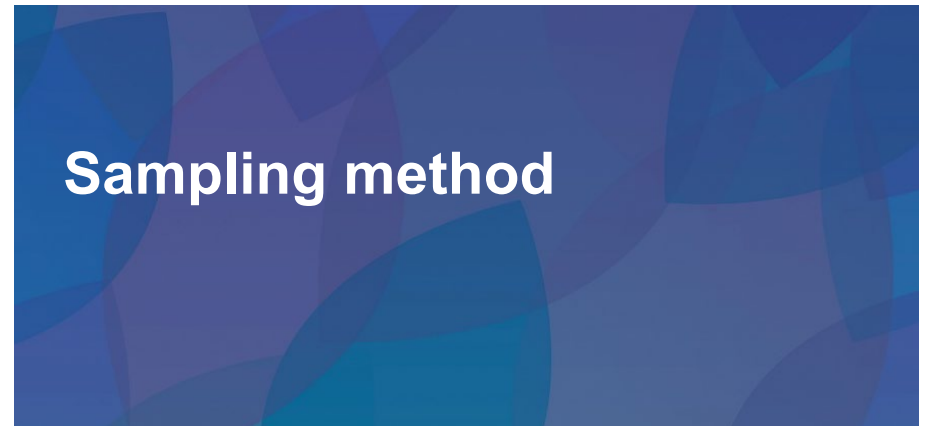
- Your last and first name
- Your personal reference number (medical file number or health insurance number)
- The date and time of sampling

## STORAGE

- The sample will be collected by specimen collection staff immediately after collection. **All staff handling the specimen are required to wear gloves.**

## RETURN OF SAMPLES

- When returning the samples, remember to bring **your hospital card or RAMQ card** as well as **your prescription, if necessary.**



## STEPS TO FOLLOW

1. Exercise for around 20 minutes before you urinate (go up and down stairs, jump up and down) to help loosen the eggs adhering to the bladder walls.
2. Wash your hands with soap and water.
3. Open the container and lay the cap inside up without touching the inside of the cap.
4. Collect all your urine in the sterile container.
5. Put the cap back on and close it tightly.
6. Wash your hands.

